

Mountain Ridge High
School

100 Dr. Nancy S.
Grasmick Lane
Frostburg, Maryland
(301)-689-3377



News Nugget



*Volume 3: Issue 1
December 2019*

ATTENTION SENIORS:

Important:

Don't forget to fill out your FAFSA!

Transcripts will not be sent until you complete the pink Transcript Request Form and return to Mrs. Lavin.

Turn acceptance letters and scholarship letters into guidance.

Scholarship Information:

- AXA Achievement Scholarship: \$10,000
Deadline: December 15
- Phentermine Clinics Health Scholarship: \$1,000
Deadline: December 31
- BadCredit.org's Wealth Wise Scholarship: \$1,000
Deadline: December 31
- GE-Reagan Foundation Scholarship Program: \$10,000
Deadline: January 4
- Maryland JCI Senate Scholarship: \$500
Deadline: January 14
- Maryland MENSA Scholarship: \$300-\$1,000
Deadline: January 15
- 2020 Maryland Farm Bureau Scholarship

Junior and Senior Testing Dates:

ACT Registration & Test Date

Test: March 14, 2020

Deadline to register: February 14, 2020

SAT Registration & Test Dates

Test February 8, 2020

Deadline to register: January 10, 2020



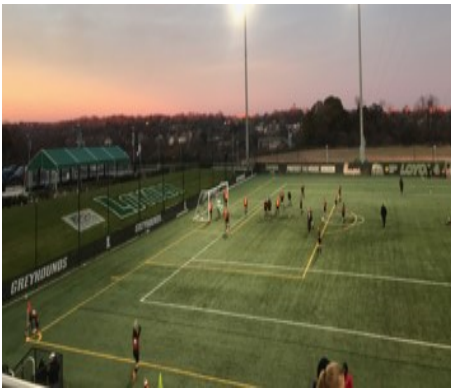
Welcome New MRHS Staff!



Mr. Mac Sloan is a new teacher at Mountain Ridge High School. As a student, he attended Westmar High School. After Westmar, he pursued a degree at Frostburg State University. Mr. Sloan finished his degree to become a Biology teacher at the University of Maryland.

For the first nine years of his career, he taught at Fort Hill High School. There he taught Biology and Environmental Science. After leaving Fort Hill, he taught at Allegany High School. For the four years at Allegany, he taught AP Environmental and Earth Science.

He decided to go into this field of teaching because he has a love for biological and environmental sciences. Mr. Sloan also loves working with people. He says, "High school students are at a point when they are doing exciting things and going places." Mr. Sloan has enjoyed getting to know the teenagers who live in the same community as him. A goal he has for himself this year is learning more about the evolutionary timeline and geologic time scale. Mr. Sloan looks forward to growing trees in the greenhouse. His one challenge so far this year is preparing for classes uninterrupted. He hopes that his students enjoy the time that they spend in his classroom. — Emma Monahan



Boys Varsity Soccer: CHAMPS!

What an amazing season by our soccer teams! It was another undefeated season for the JV team, making it the 5th undefeated season in a row, and a State Championship for the varsity team. The JV team scored 71 goals, only allowed 4 goals, and put up 12 straight shutouts this year.

The varsity achieved the ultimate goal: Maryland 1A Soccer State Champions. They overcame two hard losses in the middle of the season and started out the season 0-2. When asked what head coach Tim Nightingale did to help his team overcome this small midseason struggle, he said, "Well, we had a little pep talk, a little soul searching, a little gut check to see where we were and what their goals were at that time. Failure is part of success. You have to first fail before you can succeed." That phrase sums up the fight that our team went through this season. You must first fail before you can succeed.

Our boys completely turned the season around by ending the regular season 15-4 and then becoming state champs. Sophomore Mountain Ridge Rookie of the Year varsity goalkeeper Eathan Ashenfelter shared his emotions about the build up to the championship game. "Well, all throughout the season, me and the team kept working hard, had very good practices, kept the intensity up, and it all worked out in the end after we won the state championship." A quote from last season was, "You get what you work for, not what you wish for." That is exactly what happened for the varsity boys this season. When asked the main reason the boys made it to states this season after being knocked out in the Semi-final game last season by Patterson Mills, Nightingale responded, "Perseverance. That's their word that they chose for the year. We persevered through a lot this year and battled through some adversity, some injuries, some games that really didn't go our way. But in the end, it all came together, and it clicked. They really peaked at the right time; that's the ultimate goal, to peak and play your best game for your finale game. And that's what this year's team did, and they became the state champions because of it." On the day of the championship game, Coach Nightingale took the boys down to the game early and had them play recreational games like corn hole and spike ball. Nightingale said, "I believe that (the recreational games) really relaxed the boys. It made them take a little bit of the pressure off. When the game started, we were ready to play." What great coaching, what great players, and what a great team effort! Let's go out there and do it again next season! — Reis Howard



Cross Country



On November 9, 2019, senior Hannah Muir of Mountain Ridge placed 6th at the annual 1A State Girls Cross Country Meet.

Hannah has been on the MRHS cross country team for four years. This year her coaches were Doug Baker, Mac Sloan, and Shawn Snyder.

Hannah Muir finished her senior cross Country state meet with a time of 21 minutes and 14.2 seconds. Her personal record occurred at the Frankfort/Keyser Invitation Meet with a 19 minutes and 53.1 second finish.

Thomas Miller, junior and 3 year member of the cross country team, placed 19th in the 1A State Boys Cross Country Meet. With a time of 17 minutes and 59 seconds.
— Grace Mowery

Dates to Know:

12/23-1/1: No School

1/2: 2 Hour Delay

1/17: End of 2nd Marking Period/1st Semester

1/20: No School

1/21: No School

1/28: Report Cards

Marching Band

There is no doubt that Mountain Ridge's arts programs are amazing, but the marching band blows this statement out of the water. Under the direction of Mr. Derek Shank, the band is led by their excellent senior drum major, Paige Miller.

This year, Paige Miller was selected out of 444 other students to be awarded a 2019 Tournament of Bands Scholarship worth \$3,000. At the same tournament in Hershey, Pennsylvania, the band took 14th place out of 17.

This year, the marching band placed 1st in a Keyser competition, 2nd in an Allegany competition, and 3rd in a Mousselman competition. Regionals was hosted by Spring Mills, in which MRHS placed 4th.

To end this excellent season, the band was given the opportunity to perform down Main Street in Walt Disney World.

Paige Miller stated, "This year, the band competed with our hardest show yet. We had an amazing season where we overcame difficult music and fast tempos to put on an amazing show." This could not more accurately describe this season. The band had 12 hour practices over the summer, perseverance and determination of the students, and fantastic support from the Mountain Ridge Administration. —Emilia Porter



Frozen, Jr

Frozen, Jr, directed by Jordan D. Kline, was performed at Mountain Ridge on September 7th, 8th, 21st, and 22nd. Mrs. Michaela Hale was the musical director, while the choreographer was Allison Clise. The cast consisted of many Mountain Ridge students and community members. They were: Briella Windle, Abby McLaughlin, Guy Witt, George Watson, Cassidy Witt, Lydia Friend, Michael Wollan, Emilia Porter, Isabella McConnell, David Morgan, Dillion Kaschenback, John McConnell III, Grace Mowery, Ashton Williams, Quinn Stark, Emily Kaschenbach, Leah Boggs, Ava Breighner, Isabelle Carey, Mary Margaret Wollan, Ella Robinson, Allie Clise, Adeline Porter, Lennon Windle, Timmy Watson, Zoe Zuzak, Josh Winner, Laci Carey, and Ella Valentine. The crew members consisted of the following: Paige Miller, Haley Robinette, Julia Seddon, Hayden Crowe, Kage Tawney, Angela Robinette, Jordan Nolan, Vincent Green, Dawson Ternent, Reese Aldridge, Annika Murphy, Hailee Clawson, Brayden Geraghty, Jesse Lescalette, Eva Vasko, Jacob Hunt, and Ellie Brewer.
—Karleigh Beeman



Staff:

Karleigh Beeman
Reis Howard
Emma Monahan
Grace Mowery
Emilia Porter